



[theSPA]

a sanctuary of Comfort Zone



We're not at work, we don't have
a deadline, we don't have to
catch a train and we're not in the
middle of traffic.
We do the one thing that is really
important and we often forget:
relax.

- theSPA -

Wet Area

A multi-sensory journey will take you inside the 2000 sqm of our Spa, among scents, sounds and colors, where water in all its forms comes to life giving you wellness and relaxation. A unique experience, a regenerating break between sauna, bio sauna, steam bath, snow room, emotional showers, ice waterfall, swimming pool with cervical showers and whirlpool, floating, hot and cold path and finally a room of silence with a wall of pink salt and a relaxing lounge with herbal tea corner.

HOTEL GUEST SPA ENTRANCE - 3H
Every day € 40

SPA ENTRANCE FOR EXTERNAL GUESTS - 3H
from Monday to Thursday € 40
from Friday to Sunday, holidays and pre-holidays € 50

PRIVATE SPA OR BY SUBSCRIPTION
Available on request

SAVONAGE

A practice of Moroccan origin that deeply purifies the skin
and eliminates dead skin cells
€ 15



Massages

PARTIAL MASSAGE - 25 min.

€ 40

A massage to regain well-being, focusing on a specific part of the body: back, cervical, legs or feet. Relaxes muscle tension and revitalizes circulation.

RELAX MASSAGE - 50 min.

€ 60

Based on light and delicate movements, it acts on the nerve endings of the skin, causing the release of endorphins, appreciated for their power of natural painkillers and for their ability to relieve stress.

AROMATHERAPY MASSAGE - 50 min.

€ 65

This type of massage takes advantage of the properties of essential oils for the well-being of body and mind. Useful to defeat stress and revitalize the tired body.

LYMPHATIC MASSAGE - 50 min.

€ 65

It acts effectively on imperfections due to a slowed veno-lymphatic microcirculation. Designed for those who need to focus the massage on the legs and abdomen and can be customized as needed. For those who want to prevent or counteract the relaxation of tissues or act against the accumulation of fat.

MATERNITY - 50 min.

€ 65

Designed for women from the third month of pregnancy. A delicate but effective technique, which relieves stiffness in critical areas, relaxes the back muscles and gives a feeling of lightness in the legs.

DEEP TISSUE MASSAGE - 50 min.

€ 70

Massage that gives well-being to the body thanks to deep manual techniques that rebalance the muscles. It acts in depth on connective and muscular tissues, with the precise aim of dissolving contractures and tensions of the muscles.

PERSONALIZED MASSAGE - 50 min.

€ 70

Treatment that takes shape directly in the cabin following the therapist's assessment, in order to identify the area of the body on which to insist and the pressure to be exercised.

CANDLE MASSAGE - 50 min.

€ 70

A concentrate of well-being for body and mind. This massage, strengthened by the beneficial action of the candle heat, relieves tension and gives psycho-physical relief thanks to the delicate fragrance released. The melted candle butter directly on the body nourishes the skin making it smoother and velvety.

HOT STONE MASSAGE - 50 min.

€ 70

Holistic massage that thanks to the heat released by the lava stones promotes relaxation and helps to loosen muscle tension, reducing stress and giving a rebalancing of the 7 chakras.

Massages Diabasi® Method

CALIFORNIAN MASSAGE - 50 min.

€ 70

It is the holistic massage par excellence, also known as "the cuddle of the soul". During the massage the body is stimulated by slow, fluid and enveloping movements that promote relaxation helping the mind to get rid of negative thoughts and sensations. The treatment gives a deep state of well-being and a sense of protection.

HAWAIIAN MASSAGE LOMI LOMI NUI - 50 min.

€ 70

Hawaiian shamans designed it to restore vital energy. Performed with the technique of the forearm, through rhythmic movements carried out on specific beds with water mattresses. This massage is appropriate for gently stretching the muscles and designed especially for those who want to let go and relax almost as lulled by the waves of the sea.

MAORI® MASSAGE DUILIO LA TEGOLA METHOD - 50 min.

€ 70

Massage in which are used of the particular tools in beech wood to perform deep decontracting actions and stretching myofascial, such as to obtain important benefits both aesthetic and therapeutic.

KIREI & KOBIDO MASSAGE - 50 min.

€ 75

Professional beauty treatment inspired by the Japanese tradition of the 15th century, increasingly in demand to improve the quality of the skin of the face and décolleté, as well as relax the body and mind. Particularly effective at releasing muscle tension and stimulating facial nerves that reach skin cells, but also improving blood flow.

ANTICO MASSAGGIO TERMALE ROMANO® - 80 min.

€ 80

The Ancient Roman Thermal Massage is a wellness and beauty treatment used by both men and women of ancient Rome. The goal is the drainage of excess fluids, skin elasticity, the reactivation of blood circulation, to make the skin compact and toned through natural products: the chili pepper as a vasodilator, the salt to eliminate dead cells, the honey useful for rehydrate the skin.

Rituals

RITUAL OF SLEEP - 50 min. Innovative massage that acts on 3 different sensory pathways: touch, hearing and smell for a pleasant feeling of calm and relaxation, useful for rest and sleep. Recommended for those who feel stressed, with difficulty in relaxing and sleeping. Ideal after long flights or to recover from jet lag.	€ 70
TRANQUILLITY FACE AND BODY RITUAL - 80 min. Nourishing aromatherapy ritual for face and body. Gives a pleasant feeling of relaxation, nourishes and illuminates the skin. Ideal for dry and impoverished skin.	€ 80
SUBLIME SKIN 50+ FACE RITUAL - 80 min. Designed to relieve the undesirable effects of hormonal changes after the age of 50, both on the skin and on an emotional level, the treatment helps to counteract skin thinning, extreme dryness and loss of density. It promotes a reactivation of cellular communication, offering a profound regeneration of the skin and a rediscovered serenity and vitality.	€ 75
SALT MASSAGE - 80 min. Ritual that brings an intense sense of well-being, soothes pain, relieves tension, stimulates metabolism and improves blood circulation. It is a balancing treatment - energy, able to give serenity in moments of anxiety, restlessness and melancholy.	€ 80
TIBETAN MASSAGE - 80 min. Creates a deep meditative state that acts directly on energy points (chakras) and brain waves, allowing a rebalancing of vital rhythms and harmonizing and energizing the bio-energy system. Indicated for improving the perception of one's own body and lowering stress levels.	€ 80
BACK AND NECK - 50 min. Intensive treatment and muscle relaxant ideal for those who have tension and stiffness in the area of the neck, back and shoulders. It acts on trigger points in combination with a real treatment with scrub, yellow clay mask and arnica cream. It allows you to regain a balanced posture, a feeling of lightness and muscle elasticity.	€ 75



Facial Treatments

PURIFYING

ACTIVE PURENESS - 30 min. / 50 min.

Deep cleansing treatment. It gives to the skin a fresh look, bright and uniform. Particularly indicated for impure, oily and acneic skins.

€ 45 / € 60

ILLUMINATING

LUMINANT - 50 min.

Intensive triple action treatment that focuses on correction, brightness and prevention of the skin. Suitable for those looking for long-lasting effectiveness against dark spots, hyperpigmentation, melasma and uneven skin tone, regardless of age and type of stain.

€ 65

MOISTURIZING

HYDRAMEMORY MASSAGE - 30 min. / 50 min.

€ 45 / € 60

Face, neck and décolleté treatment with hyaluronic acid for a bright and silky looking skin. Specific for dehydrated and stressed skins.

SKIN DEFENCE

REMEDY - 30 min. / 50 min.

€ 45 / € 60

Smooths and restores the protective skin barrier through a delicate dermal-affinity action. Renews, soothes redness and irritation. Recommended for sensitive and fragile skin.

ANTI-AGE

SUBLIME SKIN EYE PATCH - 20 min.

€ 25

Thanks to a fresh and innovative hydro gel peptide mask, attenuates the fatigue signs of the eye contour. Adapt for tired eyes and with wrinkles, puffiness and dark circles.

SUBLIME SKIN PEEL EXPRESS - 30 min.

€ 45

Intensive double exfoliant with lactic, citric and glycolic acid combined with pure vitamin C. It smooths, lighting, uniforms the complexion. Stimulates epidermal cell renewal, improving thin and early wrinkle.

SKIN REGIMEN 2.0 DETOX - 50 min.

€ 70

The perfect antidote to detoxify the skin from pollution and to fight, specifically, impurities and imperfections. It makes the skin bright and radiant and gives well-being to body and mind.

SKIN REGIMEN 2.0 LONGEVITY - 30 min. / 50 min.

€ 45 / € 65

A treatment to rejuvenate stressed skin and specifically counteract accelerated aging. It improves the appearance of the skin making it radiant and luminous and gives well-being to body and mind.

SUBLIME SKIN COMPLETE - 50 min.

€ 65

Treatment that contributes to redefining the appearance of the oval of the face. Nourishes, brightens and compact the skin of the face, neck and décolleté. Improves wrinkles, making them visibly extended.

Body Treatments

EXFOLIATING

AROMASOUL RITUAL SCRUB - 30 min. / 50 min.

€ 45 / € 60

Aromasoul treatment to rejuvenate the appearance of the skin, giving nourishment, smoothness and brightness to each type of skin.

TRANQUILLITY RITUAL SCRUB - 50 min.

€ 65

An extraordinary deep purification aromatherapy/massage scrub treatment that offers a pleasant cellular renewal eliminating signs of fatigue. Gives shine and enriches the skin with freshness and vitality.

DRAINING

DETOX AND DRAIN - 50 MIN.

€ 60

Intensive detoxifying, draining and anti-cellulite treatment with thermal water and essential oils. The mud allows a revitalizing and purifying massage of the tissues. The bandage phase intensifies the improvement of the microcirculation and the purification of toxins and waste, for a visible remodeling effect and a deep lightness and freshness of the legs.

ANTICELLULITE/REMODELING

GUA SHA MASSAGE - 60 min.

€ 75

Specific body treatment for all types of cellulite. Powerful, intensive and multifunctional for an immediate and visible solution, perfect for sculpting the whole body thanks to the combination of reshaping thermal mud and continuous rubbing techniques derived from traditional Chinese medicine using two metal Gua Sha.

BODY STRATEGIST MONTALCINO MUD - 50 min.

€ 70

Detoxification and remodeling visible and immediate thanks to the synergy of a mud with the thermal water of the Velona's Castle and the intensive thermogenic cream with double action. The mud massaged is a booster that enhances the lipolytic and reducing action of the thermogenic cream applied subsequently.

BODY ACTIVE MASSAGE - 30 min. / 50 min.

€ 45 / € 70

Intensive remineralizing, remodeling and toning treatment with an innovative yellow clay body mask from Brazil and with plankton extract. It reduces muscle tension, stimulates proper circulation and re-oxygenates tissues.

TREATMENT 3 IN 1 - 80 min.

€ 80

Three-phase intensive remodeling treatment: the first phase comprises a thermogenic action to stimulate microcirculation; this is followed by a vigorous lipolytic massage phase and then the final phase which is revitalizing and tonifying. A "shock" treatment with visible remodeling effects after just one treatment.



High-Tech Solutions

FACE & BODY 3.0

from € 30

The latest technology can combine radiofrequency, dynamic vacuum and diode laser to act simultaneously on face and body and achieve incredible results already with a few sessions: eliminates cellulite and fat deposits on the body, gives a lifting and toning effect to the face.

LASER HAIR REMOVAL

from € 19

Diode Laser 808nm it's the most efficient method to remove hair in a permanent and radical way. It can be used on any part of the body, for any kind of skin, also for dark skin.

BODY PRESSOTHERAPY - 30 min.

€ 30

It's a latest generation targeted technology that helps to restore a better circulatory function, easing heaviness feeling from liquid and swelling. It's an excellent ally against the cellulite blemishes.

BODY THERMOLIPOLISI - 30 min.

€ 45

The innovative Thermolipolisi technology uses the heating power of infrared to stimulate production of elastin and collagen, gaining draining and liporeducing effect which counteracts cellulite and localized fat.

FACE THERMOLIPOLISI - 50 min.

€ 65

It stimulates the production of collagen, elastin and hyaluronic acid, which are basic to keep skin tone and skin elasticity. It generates physiological mechanisms that nourish the skin, remove toxin and promote skin regeneration with anti-age action.

SKIN TEST - 30 min.

€ 20

Skin check up equipment with seven sonde (hydrating, fluorescent, sober, plot, elasticity, phototype) targeted to personalize treatment and product.

BODY TEST - 30 min.

€ 20

Exclusive equipment and methodology that defines all body parameters, it recognizes all imperfections and it gives personal advises to contrast them.

Beauty Services

WAXING "SOFT SENSE"

Delicate hair removal for a long result, indicated also for sensitive skins. It guarantee silkiness and softness with a soothing effect. Advised also for most weak hear, which break and incarnate.

Full Legs	€ 30
Half Leg	€ 15
Whole groin	€ 15
Partial groin	€ 10
Armpits	€ 10
Arms	€ 15
Eyebrows	€ 5
Upper Lip	€ 5
Back/abdomen	€ 25

HANDS & FEET NAIL CARE

Manicure	
Gel Polish Manicure	€ 15
Spa Manicure (manicure + scrub + mask)	€ 25
Pedicure	€ 25
Gel Polish Pedicure	€ 20
Spa Pedicure (pedicure + scrub + mask)	€ 25
Nail Polish Removal	€ 30
Nail Polish Change	€ 5
	€ 10
Make-up	
	from € 15

Solarium

SOLARIUM - 15 min.	€ 10
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the SPA is partner of:

[comfort zone]

SKIN SCIENCE SOUL

COMFORT ZONE - RESEARCH LABORATORIES SKIN CARE DIVISION OF DAVINES S.P.A.
PARMA ITALY - NEW YORK U.S.A. - PARIS FRANCE - LONDON U.K.



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